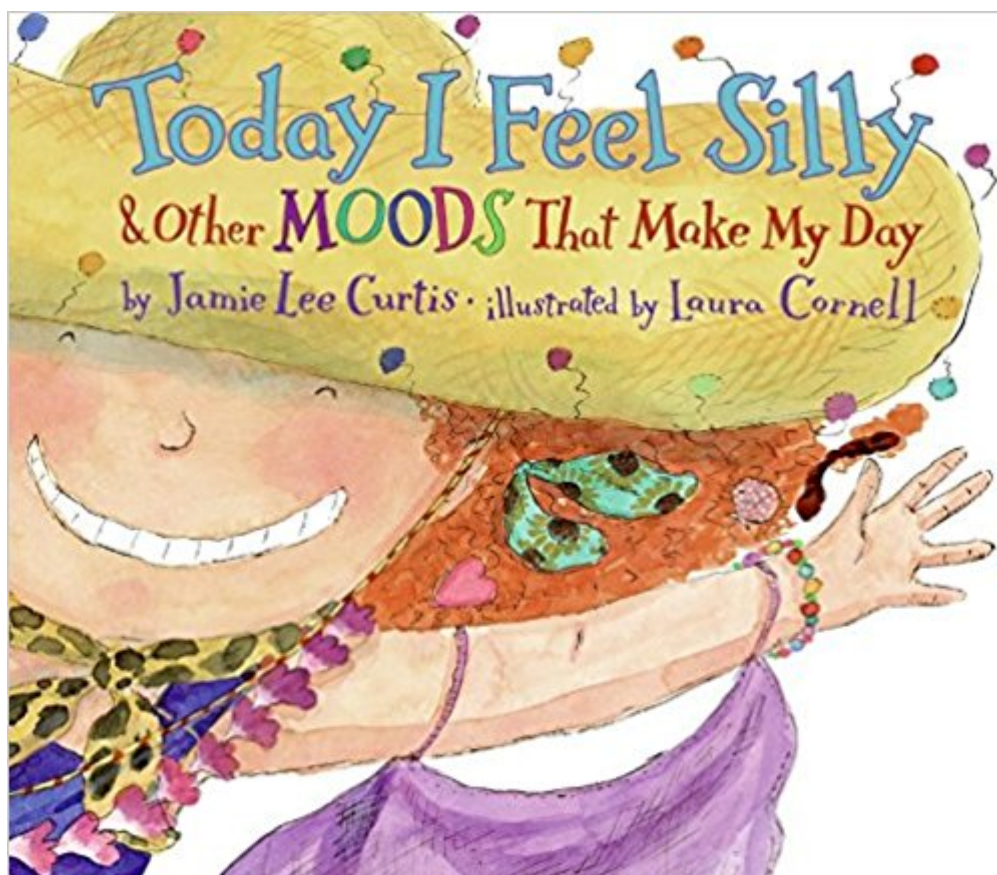


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# Today I Feel Silly: And Other Moods That Make My Day



## Synopsis

From the #1 New York Times bestselling team of Jamie Lee Curtis and Laura Cornell, authors of *I Am Gonna Like Me* and *Where Do Balloons Go?*, *Today I Feel Silly* helps children understand and appreciate their shifting moods. Jamie Lee Curtis's zany and touching verse, paired with Laura Cornell's whimsical and original illustrations, helps kids explore, identify, and even have fun with their ever-changing moods. Silly, cranky, excited, or sad—everyone has moods that can change each day. And that's okay! Follow the boisterous, bouncing protagonist as she explores her moods and how they change from day to day.

## Book Information

Lexile Measure: AD250L (What's this?)

Hardcover: 40 pages

Publisher: HarperCollins; 1st edition (July 1998)

Language: English

ISBN-10: 0060245603

ISBN-13: 978-0060245603

Product Dimensions: 0.5 x 9 x 11 inches

Shipping Weight: 15.2 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars 228 customer reviews

Best Sellers Rank: #8,439 in Books (See Top 100 in Books) #61 in Books > Children's Books > Growing Up & Facts of Life > Family Life > Siblings #79 in Books > Children's Books > Growing Up & Facts of Life > Family Life > New Experiences #85 in Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Self-Esteem & Self-Respect

Age Range: 4 - 8 years

Grade Level: Preschool - 3

## Customer Reviews

Jamie Lee Curtis has starred in many movies, but she says that the children's books she has written mean more to her than any of her films. She and artist Laura Cornell have previously collaborated on two bestselling books: *Tell Me Again About the Night I Was Born* and *When I Was Little: A Four-Year-Old's Memoir of Her Youth*. This time, we follow a little girl with curly red hair through 13 different moods, beginning with silly: "Today I feel silly. / Mom says it's the heat. I put rouge on the cat / and gloves on my feet." Of course, silly soon turns to grumpy and mean... to excited... to confused, and so on. Recognizing one's own mood swings is a developmental milestone, one that

some adults haven't yet mastered! Cornell's watercolor illustrations--wildly expressive and energetic--effectively capture the volatility of our redheaded star. Whether she is happy or mad or dancing a solo in jazz, she is always "full of pizzazz," and this book is, too. A clever mood wheel on the last page allows young readers to change the little girl's expression--both her eyes and mouth. This is silly fun with a smart lesson for children from ages 4 to 8. --Marcie Bovetz

Fans of *Tell Me Again About the Night I Was Born* and *When I Was Little* may be disappointed in this third offering from the talented duo, which looks at the wide range of human emotions. A dynamic girl describes a different "feeling" per day<sup>13</sup> in all<sup>14</sup> and the ways in which each manifests itself ("Today I feel silly./ Mom says it's the heat./ I put rouge on the cat/ and gloves on my feet"). Curtis relays her upbeat message ("Moods are just something that happen each day./ Whatever I'm feeling inside is okay!") in verse that is largely sprightly, but doesn't always reflect the changes in mood that occur during the course of the day the girl describes. For example, "Today I am quiet, my mom understands./ She gave me two ice creams and then we held hands./ We went to the movies and then had a bite./ I cried just a little and then felt all right," suggests a variety of feelings other than simply "quiet." Occasionally rhyming couplets take the facile route ("Today I'm discouraged and frustrated?see?/ I tried Rollerblading and fell on my knee"), and the repetitive, driving rhythm doesn't allow the words to soar the way the illustrations do. The puckish artwork, still vintage Cornell, stars a curly red-headed girl whose near-neon surroundings (hot pink, lime green, fiery orange) change in intensity according to the emotion she expresses. A "mood wheel" (for readers to hone in their feelings) rounds out this amiable enough outing that, despite its missteps, may get readers talking about their own emotional swings. Ages 4-8. Copyright 1998 Reed Business Information, Inc.

I purchased this book for my 2 and 3 year old children to start getting them used to the idea of moods, in order to help them communicate their moods. They LOVE this book. I don't know if it is helping with the mood identification, but they find the text amusing, and the illustrations interesting. My husband doesn't like that the main character refers to one of her teachers by his first name, but other than that, I think it is a pretty good book!

The book arrived in great condition (as described). Purchased as a gift. I thought the illustrations were great and very colorful. Loved the idea of having a book to describe moods/emotions though it says it is for ages 4-8 years of age and there were some emotions like having a crush on someone

that I found to be a bit advanced for that recommended age group. Some other emotions that were mentioned were angry, sad, and silly. Otherwise, a good intro book for recognizing and identifying emotions.

SUPER book to let kids know it is ok to be a kid!!!! Today I Feel Silly: And Other Moods That Make My Day allows kids to feel good about them selves. The book is an easy read and my son loves it....We even play a game while reading it....he shows me how silly he really can be!!! I am so lucky to have such a silly loving boy. LOVE the book!! Five stars :)

I am a therapist who works with children and adolescents. This is a great book to use when covering feeling identification with clients. Bright and colorful with a fun feelings wheel in the back of the book.

I love this book. As an adult, my mom gave it to me, jokingly as I'd use the term silly. Since then I've gifted it to others. Its cute and fun and not just for kids. When my mom was ill and down, I'll text her excerpts to cheer her up. The illustrations are incredible with lots of fun details when you see it again....and again. I had no idea Jamie Lee Curtis was an author. Well done.

Oh no...our 'feeling wheel' dropped right out of the book when it was opened. The overall story is cute and my grands got the gist of Feelings...I did not really see that the interactive wheel was totally necessary. Great Jamie Lee Curtis product...graphics and color along with the font entertain and captivate little book worms.

My daughter and I love this book. I just gave it to her yesterday and she wanted me to read it to her the first night and the next. She's very emotional and this book does a great job of explaining a variety of emotions and possible causes of each,

This book teaches kids that it's ok to have bad days. I didn't like that some of the character's experiences don't fit with kids in this age group - such as having a crush. There is a wheel in the back that you can turn to create different facial expressions but it's very hard to turn.

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